



# Kewaigue School

## **RELATIONSHIPS AND SEX EDUCATION POLICY**

Updated: October 2024

### **Relationships and Sex Education in the school context**

A centralised [PSHE website](https://pshe.sch.sites.im) (<https://pshe.sch.sites.im>) has been created and is continuing to be developed in order to give parents and carers access to information on RSE and additional resources for guidance and an insight into the materials and resources teachers use from the advisory curriculum.

We understand that decisions regarding a child's education are personal and often reflect individual family values and beliefs. While we value the opportunity to help children develop using the advisory curriculum, we respect the right of parents and carers to make decisions in the best interest of their child.

Children learn about relationships and sex from the very youngest age, even if we don't talk with them. Some of the things they learn are incorrect, confusing and frightening. In a world where sex is used to sell things from food to fast cars, and celebrities' lives become everyone's business, we should talk to our children to help them make sense of it all.

Effective RSE does not encourage early sexual experimentation - but it does enable young people to mature, to build up their confidence and self-esteem and to understand the reasons for delaying sexual activity until they are ready.

Parents and carers are the key people for their child's learning about sex and relationships and schools should always work in partnership with home. Parents and carers need to know that the school's RSE programme will complement their role and support them in the education of their child regarding sex and relationships. Kewaigue School will ensure that parents' and carers' views are heard and that taught RSE is culturally appropriate and inclusive of all of our children.

### **AIMS AND OBJECTIVES**

There are three main elements to our RSE programme:

- Gaining knowledge and understanding
- Developing positive attitudes and values
- Extending personal and social skills

At Kewaigue School, we have a commitment to ensure that our programme is relevant to all pupils and is taught in a way that is age and stage appropriate.

The objectives of Sex and Relationships Education at Kewaigue School are:

- To enable our pupils to make responsible, informed and healthy decisions about their lives, both now and in the future.
- To teach our pupils to respect themselves and others so they can move confidently from childhood through to adolescence and into adulthood.
- To provide a supportive learning environment in which pupils can develop their feelings of self worth and confidence, especially in relationship to others.

We are committed to working in partnership with parents and carers to ensure that their child receives a broad and balanced curriculum, and we appreciate cooperation in this matter.

Sex and Relationships Education is usually delivered in mixed gender groups. However, there are occasions where single gender groups are more appropriate and relevant.

Materials which will be used in the school's RSE Programme can be seen by parents in school on request. The school informs parents when aspects of the sex and relationship programme are taught and provides opportunities for parents to discuss the content of the lessons and to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of Sex and Relationships Education.

## **RELATIONSHIPS & SEX EDUCATION - POLICY AND PRACTICE**

- The school's RSE Policy is based on the DESC Advisory Curriculum.
- Parents will receive prior notification of the RSE Programme to enable them to discuss issues with staff or their own children.
- Materials used in the RSE Programme will be available to parents on request.
- Parents may withdraw their children from all or part of the school's RSE Programme if they wish.
- The RSE Programme will cover aspects of personal hygiene, puberty, menstruation, pregnancy and birth.
- The children will be taught in both single and mixed gender groups as appropriate.
- If questions are asked by children outside the RSE Programme, the designated sex education teacher will use her discretion in answering them in an appropriate manner and at an appropriate and suitable time.
- Every child – is entitled to receive RSE.
- It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

### **Dealing with difficult questions**

Ground rules are essential to provide an agreed structure to answering sensitive or difficult questions. This framework can facilitate the use of an anonymous question box as a distancing technique.

Teachers will endeavour to answer questions as honestly as possible, but questions they do not feel comfortable answering within the classroom or ones which are not age appropriate and beyond the curriculum Learning intentions, will not be answered or explored.

When appropriate, visitors such as the Physical and Emotional Health Education Officer and/or the school nurse may be involved in the delivery of Sex and Relationships Education, particularly in Key Stage 2.

### **Children with special needs**

Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of RSE.

### **Child Protection / Confidentiality**

Teachers need to be aware that effective Relationships and Sex Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Head Teacher/Designated Child Protection person in line with the DESC procedures for child protection.

A member of staff cannot promise confidentiality if concerns exist.

### **Monitoring**

Monitoring is the responsibility of the Executive head teacher, and teacher with responsibility for Relationships & Sex Education.

This policy document will be available to parents via requesting a paper copy from the school office.

Should you have any questions or concerns, I ask that you contact us and we will be more than happy to discuss the content with you further.

This policy will be reviewed in September 2025

### **This policy is linked with the following policies:**

Equality & Diversity

Safeguarding

Behaviour & Anti Bullying

## RSE Curriculum Coverage at Kewaigue

Reception	Mybody Mybody belongs to me Unique, similar and different Our families People who help and look after me Asking questions/ making choices, saying yes/ no	Friends and friendship: helping others Playing together, being kind Personal space and privacy When I feel sad or upset Looking after plants and animals Looking after a baby	
Year1	Mybody Mybody belongs to me Privacy Friendships People who are special to me When I have a question or a worry	Looking after plants Learning about life cycles Looking after pets Families are different This is how I feel Feeling safe	Stereotypes Appropriate contact/ physical greetings How to stay safe online How to stay safe online Being kind online Responsible online use
Year2	This is how I feel I am unique We are similar and different What makes me, me Boys and girls Keeping clean	Kindness and empathy When friends fall out Good secrets and bad secrets Different types of families Different types of families 2 Change and loss	Asking for permission Privacy and PANTS rule Using the internet Using the internet Exploring reliability in the online world Responsible online use
Year3	How human life begins, pregnancy and birth What babies need Types of relationships Social media Me senses Conflict resolution	Safe and happy online Disability What makes a good friend Falling out with others Emergencies and calling for help First aid - bites and stings	Wonderful me: Who am I? People around me: communication Meaning and purpose: my superpowers Healthy body, healthy brain: my healthy diary Speak out, Stay safe Speak out, Stay safe
Year4	Names of parts of mybody Mybody is changing Feelings and puberty Personal hygiene What is consent Mybody is mine	What is a friend Making and keeping friends Online- Offline friends Stereotypes and equality Being fair Being Me (understanding diversity)	Where do I go online Being smart online Gaming - media violence Emergencies and calling for help First aid - bleeding
Year5	When I feel safe/ unsafe My trusted adults Bullying Physical abuse and neglect Sexual abuse Watching and sharing videos online	My feelings Mybody When I feel sad or worried Secrets v Surprises Families and change How to manage change in families	Equality Human Rights - Identity Equality Human Rights - Challenging stereotypes Equality Human Rights - Stereotyping in the community Cyberbullying Can you trust everyone who contacts you online? Can you trust everything you see/read online?
Year6	What is love Being attracted to someone Sex How human life begins What does a parent/ carer need to know If I were a parent/ carer	Understanding sexuality Menstruation How do adults plan and prevent pregnancy Menstruation, conception & pregnancy Feelings and loss Coping strategies for managing feelings of loss & grief	Self care Building connections Moving On Up! It's Just a Joke - part 1 It's Just a Joke - part 2 It's Just a Joke - part 3